

## Health History Form – Massage Therapy

The information request below will assist us i requested. Please note that all information p written permission will be required to release	rovided below will be kept confidential u				
Name:	Phone #: C/H/W				
Address:					
Email Address:					
	Date of Birth:				
Have you received massage therapy before?	□ Yes □ No				
Did a health care practitioner refer you for m	assage therapy?   Yes   No				
If yes, please provide their name and address					
Please indicate conditions you are experience					
Cardiovascular	Infections	Head/Neck			
<ul> <li>high blood pressure</li> <li>low blood pressure</li> <li>chronic congestive heart failure</li> <li>heart attack</li> <li>phlebitis/varicose veins</li> <li>stroke/CVA</li> <li>pacemaker or similar device</li> <li>heart disease</li> <li>Is there a family history of any of the above? Yes No</li> </ul> Respiratory	<ul> <li>hepatitis</li> <li>skin conditions</li> <li>TB</li> <li>HIV</li> <li>herpes</li> </ul> Other Conditions <ul> <li>Loss of sensation</li> <li>Where?</li> <li>Diabetes</li> <li>Onset</li> </ul>	<ul> <li>history of headaches</li> <li>history of migraines</li> <li>vision problems</li> <li>vision loss</li> <li>ear problems</li> <li>hearing loss</li> </ul> Women Women gynecological conditions, what?			
chronic cough	<ul> <li>Allergies/hypersensitivity to what</li> <li>Type of reaction:</li> </ul>				
shortness of breath	□	Overall, how is your general health?			
<ul><li>bronchitis</li><li>asthma</li></ul>	🗆 Epilepsy	Primary Care Physician:			
<ul> <li>emphysema</li> </ul>	<ul> <li>Cancer</li> <li>Where?</li> </ul>				
Is there a family history of any of the above	□ What?	Address:			
	<ul> <li>Arthritis</li> <li>Is there a family history of arthritis?</li> <li>Yes </li></ul>				

Current Medications:	Do you have any other medical conditions? (e.g., digestive conditions, hemophilia, osteoporosis, mental illness) □Yes □No What: Do you have any internal pins, wires, artificial joints, or special equipment? □Yes □ No What? Where? What is the reason you are seeking massage therapy? Please include the location of any tissue or joint discomfort.  Please circle any areas of discomfort below.
	Date of Initial Health History: Jpdate 1 Jpdate 2 Jpdate 3 Jpdate 4

Aimee Paikera Goldsworthy Wellness Centre 168K Lexington Court, Waterloo, Ontario N2J 4R9 Telephone: 519-886-4814



### Consent Form and Fee Schedule – Massage Therapy

The practice of massage therapy is the assessment of the soft tissue and joints of the body and the treatment and prevention of physical dysfunction and pain of the soft tissue and joints by manipulation to develop, maintain, rehabilitate, or augment physical function, or relieve pain. {Massage Therapy Act 1991}

#### **Client Rights**

- All client information (written or verbal) is confidential and will be safeguarded by your therapist, except when disclosure if required by law or by order of the court. Written authorization will be obtained prior to any release of client records.
- It is your right to refuse, modify or terminate treatment (or any aspect of treatment) at any time, regardless of any prior consent.
- You have the right to make decisions about the proposed treatment plan prior to and during its implementation.
- You have the right to make choices about the areas of your body that will be treated, and how much clothing you will remove or retain during the treatment.

#### **Client Responsibility**

We rely on you to provide accurate, up-to-date health history information, and to inform us of any changes in your health status.

#### Massage Therapy Fees (HST included) \*fees are subject to change

Initial Assessment	\$110.00	Initial Assessment Student/Senior	\$105.00
30-minute treatment	\$ 80.00	30-minute Student/Senior Treatment	\$ 75.00
45-minute treatment	\$ 95.00	45-minute Student/Senior Treatment	\$ 90.00
60-minute treatment`	\$110.00	60-minute Student/Senior Treatment	\$105.00
75-minute treatment	\$130.00	75-minute Student/Senior Treatment	\$125.00
90-minute treatment	\$150.00	90-minute Student/Senior Treatment	\$145.00

I, \_\_\_\_\_, confirm that I have read and fully understand all the information included in

this consent document.

I confirm that I am capable to consent to the treatment and acknowledge that my consent is voluntary and may be withdrawn at any time.

I give consent to receive massage therapy and agree to the above fee schedule.

**Client Signature** 

Date

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# **MISSED APPOINTMENT AND LATE CANCELLATION FEE POLICY**

We're glad you have chosen us to provide you with your health care. Your practitioner books your appointments to keep you in top shape. When you miss or cancel your appointment you affect your health and those of clients that could have used that time.

Our Centre requires 48 business hours' advanced notice in the event you need to reschedule or cancel an appointment. Appointments on Monday must be cancelled before the scheduled appointment time on the previous Thursday.

# Full treatment price will be charged for appointments missed, cancelled, or rescheduled with less than 48 hours' notice.

# Please be aware that in some cases repeat missed appointments can lead to termination of services. None of these fees are insurance reimbursable.

I \_\_\_\_\_\_, have read the above information that explains the missed appointment, late cancellation, and rescheduling fee policy. I understand that at least 48 business hours' notice is required to avoid these charges.

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